



Post Production Limited
Orion House | 5 Upper St Martin's Lane | London | WC2H 9EA
e: enquiries@satisfaction.com | t: 020 7287 9839

Michelle Bench

Avid/Premiere Editor

Profile

Michelle is a passionate editor, her technical knowledge is first-class, and she has a thorough understanding of all aspects of the editing process. She was previously employed by facilities house M2, where she capably worked on some of their highest profile programmes and with the most demanding of clients.

She is a natural talent in constructing and helping develop narratives and is incredibly hardworking, organised and enthusiastic. Along with her easy-going friendly personality, she is a real asset to a production.

Offline Credits – Entertainment

“Celebs Go Dating” Series 14. Working across 3 x 45min episodes. Reality dating show. A group of single celebrities join an exclusive dating agency in a bid to find true love. As the agency opens its doors, the single stars date members of the public in the hope of finding the one.

Exec Producer: Huw Slipper

Objective for E4

“Come Dine with Me” Multiple series spanning over a decade including the latest series 22. Over 20 x 30min episodes. A group of five strangers host one another and secretly score each other as they compete for the title of ultimate dinner party host and a £1000 prize.

Exec Producer: Simone Hayward

ITV for Channel 4

“Mary Berry Fantastic Feasts” Episode 3. Three-part series in which Mary Berry will help novice cooks prepare a feast for a loved one.

Exec Producer: Kelly Sparks

Rumpus Media for BBC One

“Be My Guest with Ina Garten” Seasons 1-5. 5 x 40min episodes. Legendary chef Ina Garten welcomes friends old and new to her East Hampton home for a day of conversation, connection, food and fun visits to some of her favourite local spots. Guests include director Rob Marshall, producer John DeLuca, actress Emily Blunt and late night talk show host Stephen Colbert.

Winner of Daytime Emmy Award for Outstanding Culinary Show 2024

Series Producer: Olivia Grove. Executive Producer: Rachel Purnell

Pacific for Food Network

“Mary McCartney Serves it Up” Series 2 & 3. 3 x 45min. Mary McCartney invites audiences into her London kitchen as she prepares delicious, accessible, and picture-perfect meals. A passionate vegetarian, mum, photographer and writer, Mary cooks meat free meals for her famous friends and fascinating guests including her dad Paul McCartney and singer Bryan Adams.

Series Producer: Jayne Hibbert-Smith. Executive Producer: Rachel Purnell

Pacific for Discovery+

"Pioneer Woman" Series 24-39. 32 x 30min. Top rating cooking, documentary and reality series shot on a ranch in Pawhuska, Oklahoma with blogger Ree Drummond and her family. Otherwise known as the 'Pioneer Woman', Ree is a mother, wife and cook. The award-winning blogger and best-selling cookbook author comes to Food Network and shares her special brand of home cooking, from throw together suppers to elegant celebrations.

Exec Producer: Rachel Purnell

Pacific Productions for Food Network

"Mountain Kitchen" 2 x 30min. Cooking Series. For Annie Starke, it's all about great eats and good times as she prepares delicious meals indoors and over the fire at her family's mountain ranch in Montana.

Exec Producer: Rachel Purnell

Pacific for Magnolia Network

"13 Moments that Killed Michael Jackson" 1 x 90min. 3-part documentary series. This takes a look at the extraordinary life, and tragic death, of one of the world's best-loved entertainers. Counting down the fateful episodes that changed his life, this programme will explore the heartache behind the triumph, and the lows behind the highs in the life of a music icon.

North One for Channel 5

"Secret Life of 5-Year-Olds on Holiday" 1x60mins. In this holiday episode, eight series favourites leave the nursery behind for a week in the Turkish sun to see how they behave away from their usual routines.

RDF for Channel 4

"The Frock Shop" 1 x 30min. Light-hearted docu-soap series following wedding dress designer Ian Stuarts' flamboyant clients & colleagues.

Nineteen 11 for Channel 4

"Four in a Bed" series 4, 5, 6, 10, 12, 13 & 14. 24 x 30min. The battle is on as four very different B&B owners take turns to host each other and compete to be named the best value for money.

Studio Lambert for Channel 4

"Wedding Day Winners" 1 x 60min. Television legend Lorraine Kelly and award-winning comedian Rob Beckett preside over engaged couples nuptials as two happy couples, poised to tie the knot, and their friends and family go head to head in order to win fabulous prizes, a dream honeymoon, and most importantly the most extraordinary wedding ceremony ever which will be broadcast to the nation.

Panda TV for BBC One

"Grease: Before and After They Were Stars" 1 x 60min. Documentary. A look at the lives of the stars of this iconic film before they were famous and where they are now. Co-Editor.

North One TV for Channel 5

"Pioneer Women Special: The Wedding" 1 x 60min. Co-Editor. A behind the scenes special at Ree Drummonds oldest daughter's wedding; an epic event with an open-air ceremony on the prairie and a reception in a massive floral- and chandelier-decked tent with almost 500 guests, all catered by The Pioneer Woman's team in Pawhuska.

Pacific Productions for Food Network and Discovery+

"Barefoot Contessa: Modern Comfort Food" Ina Garten prepares a simple multi-course meal, usually for her close friends, colleagues or husband. Her recipes often include fresh herbs, which she 'hand-harvests' from her backyard garden. The show's title comes from the Italian word for countless and was originally used by Ina Garten in her best-selling cookbook.

Pacific Productions for Food Network

****Emmy Award Nominee 2024 in the Outstanding Culinary Show category****

“Spa Wars” Rylan Clark-Neal narrates the competitive beauty series which pits three rival salon owners against each other.
Studio Lambert for ITVBe

“Gogglebox” Series 9. 2 x 45min. Fixed rig popular observational documentary series featuring recurring British couples, families and friends sitting in their living rooms watching weekly British television shows. Additional editor.
Studio Lambert for Channel 4

“Great British Buildings: Restoration of the Year” 2 x 60min. A look at the restoration projects of The Landmark Trust and the amazing history behind them. Presented by Kevin McCloud.
Chocolate Media for Channel 4

“Call the Cleaners” 1 x 30min in a series of 6. Follows extreme professional cleaners as they help people get back control of their homes.
ITV

“Couples Come Dine with Me” 8 x 60min. The primetime couples’ version of the popular dinner party format where a three couples compete to be best dinner party hosts.
ITV for Channel 4

“Obsessive Compulsive Cleaners” 1 x 60min. The character-led show that follows obsessive cleaners as they tackle some of the UKs dirtiest home and explores how their cleaning affects their lives.
Betty for Channel 4

“Dinner Dates” 4 x 60min. Series 5, 6 and 7. People hoping to find true love through their love of good food. One lucky person gets the chance to find romance as they enjoy three special meals, cooked for them by three very special blind dates.
Hat Trick for ITV

“The Box” 3 x 30min presenter led cookery competition programmes hosted by James Martin. Three enthusiastic home cooks are pitted against each other as they try to make delicious dishes using the day’s ingredient boxes in order to be named Cook of the Day.
Shine TV for BBC One

“Man Up” 2 x 60min. This series takes a group of young men, from mummy’s boys to geeks, and attempts to transform them into confident, capable men through a series of lifestyle altering challenges.
Betty for Fox

“Coming Out Diaries” 1 x 60min documentary. A moving, sobering and joyful insight into the dilemmas faced by three young people as they prepare to tell their families and friends that they are gay or transgender.
Betty for BBC Three

“The Joy of Teen Sex” 2 x 60min. A frank explanation of the love and sex lives of today’s teenagers – presenting solutions to the emotional and physical problems that many of them experience.
Betty TV for Channel 4

“Flash Prank” Hidden camera format where large scale pranks are played out in public places.
Splash Media for MTV

“Greatest Christmas Television Moments” 1 x 3 hours. Stars from the worlds of music and television, celebrities and even a Lord recall their favourite Christmas moments from television shows past and present.
Objective for Five

"Teensville: Teens From a Small Island" 1 x 30min documentary broadcast as part of BBC Switch's Teensville season, which focuses on a group of teenagers on Unst - part of the Shetland Isles. Unst is the northern most inhabited part of the UK without a cinema, clothes shop or sixth form education. Life for these kids is very different from that of the average British teenager.
Zig Zag for BBC Switch & BBC Two

"Shooting Peter Andre" 1 x 1hr fly on the wall documentary about Peter Andre, hosted by Rick Ewards it took a behind the scenes look at his latest video shoot.
Box TV for Channel 4

"Under The Skin" 2 x 1hr interview-based shows hosted by Miquita Oliver as she meets JLP and Usher and gets *under their skin*.
Box TV for Channel 4 and 4 Music

Numerous countdown shows for 4Music, Magic and Kerrang such as Avid Merrion's **A Bear's Crimbo**, **The Wanted Best Brit Boys** and **Andi Peter's 80's Pop 80**.
Box TV

"The Journey" 8 x 9min ob-doc shorts. Seen from both the perspectives of pupils, teachers and parents this ongoing series followed a school that was undergoing massive changes in East London as they tried to implement new government directives whilst merging with a neighbouring school.
Topspin for Teachers TV

"Hit40UK" Weekly countdown show.
Box TV for 4Music

"Bizarre ER" Features for observational documentary series set in a Norfolk hospital, exploring some of the more bizarre medical cases that the staff see everyday.
Maverick for BBC Three

"Soccer Aid" VT package of David Beckham highlighting child starvation in Sierra Leone, broadcast as part of the live telethon.
Endemol for ITV1

"V Festival 2009 Special" 2 x 30min specials on Katy Perry and Lady Gaga featuring performances and interviews from 2009's V Festival. Finishing the edits, implementing changes and mastering.
Blink TV for T4 on Channel 4.

"The A List on Showbiz" Biographical shorts on stars such as Gwyneth Paltrow, George Clooney, Kelly Brook and Emma Bunton for Sky's online entertainment site.
Diagonal View for showbiz.sky.com

"Animal Bizarre ER" Edit of retrospective story for an animal special in the observational documentary series, *Bizarre ER*.
Maverick for BBC Three

"Sex Education" Studio based factual shorts exploring the medical facts behind the stories featured in the Channel 4 documentary series. (Online content).
Endemol for Channel 4

"The Jockey Apprentice" 4 x 6min factual shorts broadcast daily throughout Royal Ascot. A four part series following six teenagers as they undertook a challenging week long training course to see if they could qualify as a Jockey Apprentice.
Sunset+Vine for BBC.

"T4" VT and studio links, VT inserts (music performances and interviews) stings and bumpers for Channel 4's youth strand.
Eyeworks for Channel 4

"Slime Across The UK" As live, VT packages for Kids's studio show.
Nickelodeon

Michelle has also worked on various taster tapes, development reels and screen-test reels for clients including Talkback, RDF, Maverick, Tiger Aspect, Studio Lambert and Princess Productions.

Sport Credits

"Laureus World Sports Awards 2008 & 2010" Offline and online of nomination packages, biographical tributes and documentary shorts.
Sunset and Vine / Laureus for International TX & Channel 4

"The Grid" 7 x 30min magazine show going behind the scenes of world motor racing. With exclusive access the show profiles drivers and teams, examines the new technologies driving the sports and tells the stories of amateur enthusiasts from historical rallies to a man driving from Arizona to the Arctic.
Sunset+Vine for Channel 5 in the UK, Speed Channel in the USA and further worldwide distribution.

"The Derby 2009-2011" VT inserts for the weekends broadcasts including John Parrott learning to be a bookie.
Sunset+Vine for BBC

"Olympic Boxing Decades" 3 x 30min and 1 x 1hr features on different decades of Olympic Boxing.
ESPN for ESPN Classic

"Gillette World Sport" 20 x 30min sports-based magazine shows. Gillette World Sports is the biggest worldwide sports program broadcasting in over 150 countries weekly. Offline and online of each show in fast turnaround edit on FCP.
Sunset+Vine for Sky Sports and Worldwide Distribution

"The Grand National" Offline and Online of 7 VT packages totaling 25mins of programming for the BBC's coverage of the Grand National weekend.
Mentorn for BBC One

"Formula for Success" 5 of 8 x 30min sports documentaries investigating the Formula 1 business and its sponsorships – offline, 4 of 8 online and grade, (FCP). Also 7 x 1min promos for the series.
Sunset and Vine for BBC World

"Game Show" 1 x 30 minute pilot and 4 x 30min earlier development game shows
TalkbackThames

Promos / Corporate / Marketing/ Commercials

"New Look TV" 4 x 10min fashion magazine show. A weekly viral programme broadcast on New Look's YouTube channel, this presenter led show examines new trends, interviewing buyers, designers and celebrity fashionistas as well as pitting shoppers against one another in "style wars": a race against the clock to come up with a winning outfit.
Zone TV for New Look

"City of Angels" – Stone Halo 3min music video
AK Productions

"Martini Commercial" 30sec and 20sec version of Martini "Beach Commercial" featuring George Clooney.
European TX

"Clubland 8" Commercial 30sec
Factory TV for UK TX

"Rolex at Goodwood" Promo.
IMG World

"Nickelodeon" Various promos for the channel including *Ricky Sprocket*, *Peppa Pig*, *Sunday Speicals* and *Winter Sizzle*.

"Spongebob Square Pant's Event" Promos, Teasers, Bumps and Idents for Nickelodeon's *Wheres Gary?* Campaign.
Nickelodeon

"Royal Ascot" Promo for the BBC's coverage of Royal Ascot.
Sunset & Vine for BBC

"My Almost Famous Family" Sales Promo for this children's musical sitcom.
Zealot for the BBC

"Everyday Heros" Promo campaign for Discovery Europe's September schedule of programming including *Deadliest Catch* and *Vermimators*.
Zealot for Discovery

"The Chopping Block" Sales Promo of Marco Pierre White's latest cookery competition series.
Zealot.

"Interactive Teaching 1&2" 2 x 40min features on interactive secondary teaching methods.
Straker Films for Capita

"Unicef; 68 Project" 3min package featuring 1968 footage of Manchester United's European Championship win. Part of Unicef's campaign to raise awareness of AIDs in Africa and the price of drugs that inhibit the passing of the disease from mother to child – 68p.
Spicer and Moore for Unicef

Michelle has worked on many major advertising campaigns for companies such as Bacardi-Martini, Boden, Dove and Marks & Spencer as well as editing promotional films for associations such as BECTA and Islington Council.
Other corporate clients include *Coca Cola*, *HSBC* and *VISA*